

Nakajima Wpt 150

KetogenicScience Citation Index Tim Noakes
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selected for doody's core titles 2024 in nutrition ketogenic the science of therapeutic carbohydrate restriction in human health presents the most up to date and evidence based science and research available in the field of tcr with the purpose of training medical and allied healthcare professionals on the effective therapeutic use of low carbohydrate and ketogenic nutrition in clinical practice this book explores the appropriate safe and effective use of tcr to improve patient outcomes in a broad range of chronic metabolic conditions and aims to promote health focused on lifestyle management health support and the treatment of diseases rooted in poor nutrition this book explores the role of food and lifestyle modification as medicine and is a valuable resource for nutritionists dietitians and medical professionals who provide diet related counselling as well as those researching or studying related areas presents new best practice guidelines for using tcr to treat improve or reverse nutrition related metabolic conditions and diseases that were previously thought to have a chronic irreversible progression provides an overview of the most recent evidence outlining the biochemistry and physiology pertaining to human nutrition and health offers evolutionary and historical context to human nutrition contains clinical practice guidelines for the implementation of tcr from medical practitioners who prescribe tcr in their practices allowing readers to understand real life concerns in the field features case studies that provide practical examples of how to assess monitor and intervene with patients that practitioners encounter in their practices explains the physiology and biochemistry of the normal and pathophysiological state for each condition and links these to the application of tcr

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